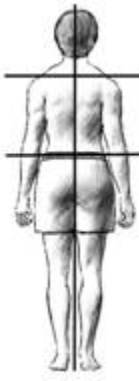
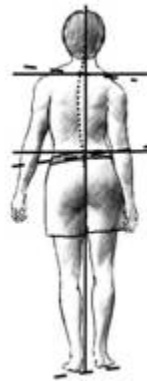





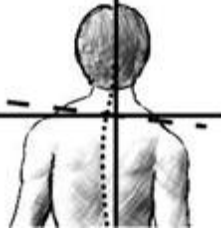
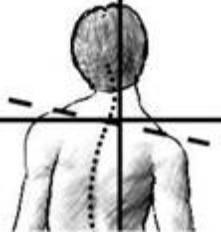


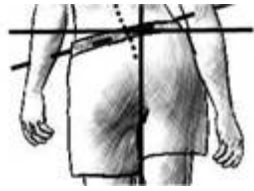
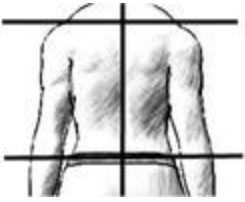
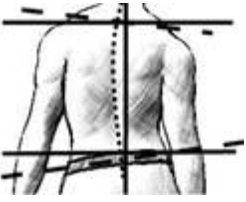
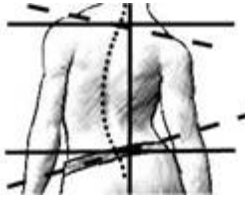


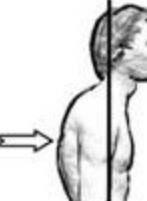





POSTURE HEALTH CHECK

Please Print Out This Page and Tick the appropriate boxes

<p>FULL BODY</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 
<p>HEAD</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 
<p>SHOULDER</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 
<p>HIPS</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 

<p>SPINE</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 
<p>UPPER BACK</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 
<p>LOWER BACK</p>	<p>q</p> 	<p>q</p> 	<p>q</p> 

Deviations in posture could indicate a spinal problem. If you have two or more of the above clinical factors in column 2 and 3 ticked, a spinal pathology could exist and treatment could be necessary.

RESULTS: _____

If you tested to one or two of these postural faults, it is most likely affecting your golf game. Join Get Fit to Golf™ and experience the ChiroFit™ Program and see Dramatic Improvements in Your Game. Go to <http://www.getfittogolf.com>